



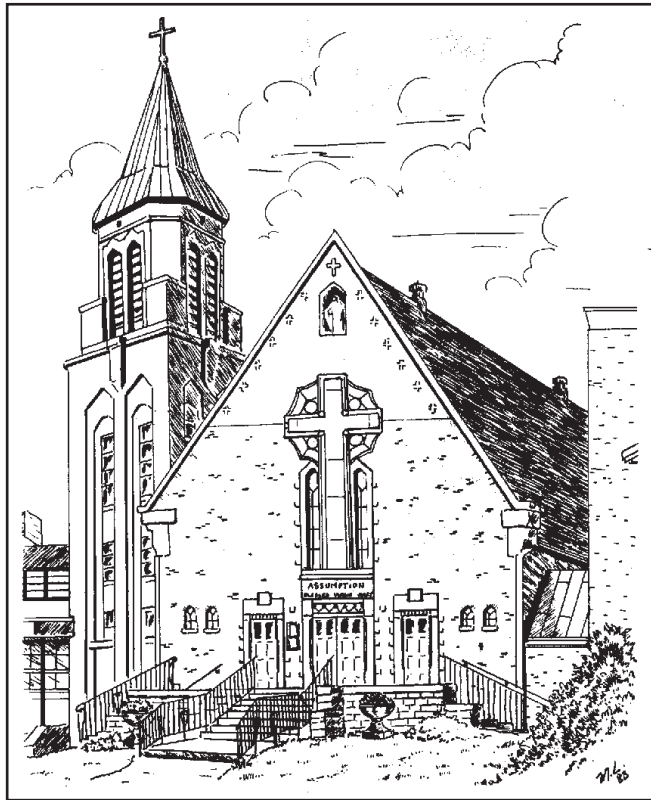
Assumption of the Blessed Virgin Mary Parish



Served by the Franciscan Friars Conventual

320 Olmstead Street, Vanier, Ontario K1L 7K3 • Tel: 613-695-6079

Website: www.assumptionparishottawa.ca



OUR PARISH MISSION STATEMENT

(March 10, 1994)

"We endeavour to build for this community a viable Christian Family that all will consider home."

MASS SCHEDULE:

WEEKENDS

Saturday: 9:00 am and 4:00 pm (anticipated Mass)

Sundays: 9:30 am, 12:00 pm (Filipino Mass), 7:00 pm

WEEKDAYS

Monday to Friday: 8:00 am

DEVOTIONS

Rosary 30 minutes before weekday Masses

Community Public Rosary – Every First Saturday of the month, after the 9:00 am Mass

Eucharistic Adoration – Every Friday at 6:00 pm

Devotion to Our Lady of Perpetual Help – Every Wednesday after the 8:00 am Mass

Youth Ministry – Every 1st Saturday of the month, 30 to 45 min. session, after the 4:00pm Mass

PASTORAL TEAM

Pastor: Rev. Fr. Francis Victor Mateo, OFM Conv.

Pastoral Council Chair: Nick Murillo

Finance Council Chair: Mary Stanton

Administrative Assistant: Nora Arriola

OFFICE HOURS

Monday to Friday

10:00 a.m. – 4:00 p.m.

PASTORAL CARE

BAPTISMS - If you are a registered parishioner of Assumption Parish (or another parish) and attend Mass regularly, there is no waiting period. You may call the Parish Office to schedule a date and you must attend a Baptism preparation session prior to the baptism. If you belong to another parish, a letter of permission from your Pastor is required. If you are not a parishioner of any parish, you must register, attend Mass regularly, and there is a three-month waiting period before your child can be baptized.

CONFESSIONS - Weekdays, after the 8am Morning Mass (approach the priest)

First Fridays - 8:45am to 9:15am

First Saturdays - 9:30am to 10:00am, 3:30pm to 4:00pm (by appointment)

Every Sunday - 11:30am to 12:00Noon

MARRIAGES - One of the couple must be a registered member of the parish for at least 6 months and attend Mass here regularly. Please make arrangements at least six months before the wedding date. Marriage Preparation Course required.

SPIRITUAL COUNSELING - By appointment.

SACRAMENT OF THE SICK & COMMUNION FOR SHUT-INS -

Please contact the Parish Office

FUNERALS - Arrangements should be made firstly with the church, and then with the funeral director to insure proper Christian burial.

127 - 1

Welcome

to the new and current MEMBERS and all VISITORS to our PARISH. Kindly visit our website

<https://www.assumptionparishottawa.ca>



Mass Intentions

In the Archdiocese of Ottawa-Cornwall, only three (3) intentions are allowed at a Mass celebrated by a priest. So please contact the parish office to reserve your preferred dates (at least a week before). Requests will be handled on a "first come first served basis." Thank you for your understanding and cooperation

**POPE FRANCIS' PRAYER INTENTION
MARCH, 2025**

For families in crisis: Let us pray that broken families might discover the cure for their wounds through forgiveness, rediscovering each other's gifts, even in their differences.

March 8 – Saturday, 9:00 AM – **Ferial Day** (purple) – †Souls in Purgatory by *Mary Stanton*; †Patrick Tennant by *Beth & Albert Kruschenke*; 4:00PM – **SUNDAY LITURGY** (purple) – Mary Stanton (health & well-being) by *Danny & Nora Arriola*

TUESDAYS OF EACH WEEK



Let us pray for the healing of *Lina Groulx, Glenda Hadloc, Charles Hebert, Generoso Jacinto, Claire Kiruhira, Charity Marohombsar, Feliza Daiz, Michael & Arnita Sabong, Maxima de Leon, Jack Beltran, Nelia Samonte, Rosie Nabong, Maximilia Arano, Kier Gabriel Villanueva, Marlyn Serrano, Magdalena, Samaniego, Frank Barrett, Theresa Akan, Chris Finnerty, Bradley Ken, Arlene Magpayo and George Ethier.*

March 9 – **1st Sunday of Lent** (purple) 9:30AM – † Rev. Paul Beaudoin by *Beaudoin Family*; †Macario Yayong; †Frank Hughes by *Beaudoin Family*; †Patrick Tennant by *Beth & Albert Kruschenke*; †Connie Jacinto 12NooN – †Mary Grace Rimano & Redelio Castillo by *Aileen Rimano & Family* 7:00PM – Pro Populo; †Macaria Villanueva by *Archie Villanueva*

March 10, Monday, – **Ferial Day** (purple) 8:00AM – †Margaret Kelly by *Dianne Burns*.

March 11, Tuesday, **Ferial Day** (purple) 8:00AM – Ramie Villavista (birthday) by *Nena Coronel*; Thanksgiving by *Lynn Obero*

March 12, Wednesday, **Ferial Day** (purple) 8:00 AM – Cathy & Tom Dolan (health) by *Mary Stanton*

March 13, Thursday, **Ferial Day** (purple) 8:00AM – †Eduardo Miranda by *Mary Formoso*; †Deceased members of Tennant Family by *Joan Paquette*

March 14, Friday, **Ferial Day** (purple) 8:00AM – †Fr. Romeo Vistavilla by *Nena Coronel*

SCHEDULES OF LITURGICAL MINISTERS

March 15, 4 PM – Kato Ankunda, Joan Lepage, Chit Villanueva with Nora Arriola; March 16, 9:30AM – Kingsley Nze, Susan Teodoro, Bea Miguel with Emilyn Suficiencia; 12NooN – Nieves Murillo, Francis Aldeguer, Elaine Aldeguer with Melba Panuncio, Andrew Samonte; 7:00 PM – Don del Castillo, Mariz del Castillo, Manny Belay with Helen Belda



WEEK ENDING COLLECTION REPORT

**March 1 & 2
\$2,172**

VOCATION MINISTRY IN OUR PARISH. LET US CONTINUE TO PRAY FOR VOCATION. Join a group of parishioners, EVERY WEDNESDAY,



immediately after the Mass, there is the Novena in honor of Our Lady of Perpetual Help and prayers for vocations. Also, every **FIRST FRIDAY (next on March 7)** from 8:30 AM to 9:30 AM --- after the scheduled Mass there is ADORATION and EXPOSITION of the Blessed Sacrament in reparation for the offenses against the Sacred Heart of Jesus and for faithful and sincere vocations in the Church. An opportunity for CONFESSION is also available at that time.



The **PARISH YOUTH MINISTRY** meets on the first Saturday of each month. We begin with Holy Mass at 4 PM, followed by a youth session lasting 45 to 60 minutes, during which refreshments will be provided. Everyone is welcome to join us, whether as a member or a volunteer. If you are interested in getting involved, please email the Parish Office at youthministryassumptionparish@gmail.com or assumptionparishchurch@outlook.com.

Q & A about ASH WEDNESDAY and the LENTEN SEASON

Since Ash Wednesday is the beginning of the entire Lenten Season, having a deeper understanding of the meaning behind the liturgical celebration, particularly about the imposition of ashes on one's forehead, is important.

QUESTION: **Matthew 6:16** says, “*And whenever you fast, do not look dismal, like the hypocrites, for they disfigure their faces so as to show others that they are fasting.*” Why, then, do Catholics put ashes [in the form of a Cross] on their forehead on Ash Wednesday, which is a day of fasting, too?

ANSWER: We Catholics use the ashes to remind ourselves of our mortality as in **Genesis 3:19**. We expressed repentance for our mortal frailty and sinfulness like **Job (cf. 42:6)** in response to God's invitation to come back to Him (**cf. Joel 2:12-13**). Notice that we based this practice on the Old Testament.

At the same time, the Catholic Church, in fact, highlights the same teaching of Jesus by using it as the celebration's liturgical readings.

It's crucial to remember that **Matthew 6:16** is Jesus' instruction not to outwardly display their fasting by neglecting their appearances



because some religious leaders of his time would deliberately appear disheveled when fasting to signal their piety, so washing the face was a way to counteract this outward display. **The main idea is to avoid the hypocrisy of fasting just to be seen by others as devout rather than fasting with a sincere heart.**

Jesus did not say not to do fasting, give alms, and pray. The New Testament sanctions these things and stresses their importance. It is equally imperative to realize that **Ash Wednesday and the entire Lenten Season are not just about fasting our other spiritual discipline but our necessary disposition and attitude on the day itself and during the Season of Lent.** This period is of significant importance in our spiritual growth and discipline.

Lent follows Jesus' example of spending a long period in the desert [40 days and 40 nights] and overcoming our struggles. We are called to fast to overcome our disordered attachment to physical pleasures; we are to give our all and share so that we may train ourselves to detach from unnecessary worldly possessions; we are called to increase and deepen our prayer life to strengthen ourselves against self-love.



55 Montreal Road, Vainier
613.749.0332 • Fontenellediner.ca

Funeral Co-operative
of Ottawa Inc.



Coopérative funéraire
d'Ottawa inc.

Non-profit funeral home

COMPASSION AND DIGNITY AT A PRICE YOU CAN AFFORD

613.288.2689

419 St. Laurent Blvd, Ottawa 1 km north of Montreal Road

www.fco-cfo.coop

Info@fco-cfo.coop

R001276475-9626

401 McArthur Ave.
613-745-2052



Shopping Locally Saves Gas!

Remember...

Let our advertisers
know you saw
their ad here.



**THE PERFECT SPOT
TO ADVERTISE YOUR BUSINESS!**



**TO ADVERTISE IN THIS SPACE PLEASE CALL
1-800-268-2637**

**Shop LOCAL • Spend LOCAL
Eat LOCAL • Enjoy LOCAL**

*and support the local businesses
that support your parish*



Providing residents &
business owners in the
Ottawa area with
high-quality roofing &
siding services.

www.geertsroofing.com 613-880-1900



Everyone's wishes & choices are unique.
Let Beechwood Cemetery help you
prepare today, so your family can
cherish all the memories.

280 Beechwood
613-741-9530

beechwoodottawa.ca



Owned by the Beechwood Cemetery Foundation
& operated by the Beechwood Cemetery Company



Specializing in: Interlocking Stone
Retaining Walls • Paving • Fencing • Decking
613-421-4066 www.baselandscaping.com



Now in our 100th year
of service to your
community

613-233-1143
www.hpmcgarry.ca